

# Walking the Inner Labyrinth™

Penny Calcina, founder of *Earthstar Radiance™*, is a Reiki Master and developer of *Meditative Relationship to Self™*, a body of work focused on reawakening to the organic nature of the body wisdom and developing intimate partnership with it. Falling in love with this work has launched a series of transformational weekends known as *Walking the Inner Labyrinth™*, an immersion experience where we live in community, exploring the Inner Labyrinth of self – the journey into the Divine essence within the core of each of us.

## About the Walk

Join us as we explore the deeply organic nature of Self, through the ridges and fall lines of the mountains, rushing rivers and gentle gurgling streams, crashing waves of the sea, shifting sands of time in partnership with the internal patterns, mandalas and flows of the Inner Labyrinth.

We will walk the Inner Labyrinth into the interior of self, exploring the mandalas of our Life that come forward in witness to our Walk, moving ever closer to the center of the Labyrinth - the experience of the union with All, the perfect pairing of the Divine Masculine and Feminine in Sacred Union.

We will pause there, breathe... Be. As we drink from the deep well of whole self, reflecting and amplifying the new awarenesses infused there, we are transformed. Moving deeper into our own evolution, we celebrate at a cellular level, and begin our steps back through the Labyrinth. Each step is a devotion to the change within us. Each step is holy, as it brings the renewal of our Eternal Essence back out into the outward expression of our everyday lives. The inner infuses profoundly with the outer as we complete our Walk.



Each Walk has an invitation, a theme of discovery, unique to that particular Walk. Past walks have included:

- Mountains and Streams
- The Great Sea
- Roots of the Tree
- Awakening

Penny Calcina



[www.earthstarradiance.com](http://www.earthstarradiance.com)

### ***Mountains and Streams-***



Our gathering took us into the Blue Ridge Mountains and the rushing streams of its Life Force flows. Sharing this space on the eve of the Summer Solstice, we were invited to connect with the energy of our chakras reflected there within the mountains, streams, gardens and begin to walk the inner mystery of our organic nature.

### ***The Great Sea-***



We gathered on the eve of the Autumnal Equinox to partner with the flows and currents of the Great Sea and the Sands of Time, aligning with the balance of day and night, light and shadow. We invited those polarities to reveal themselves within us as our inner mandalas came forward. Walking one step at a time into the Inner Labyrinth of Self, dancing the Mystery of the Great Wheel of the Mirrored Mandalas of the Labyrinths of Life, we surrendered deeply to the mystical return to Self. Our Walk helped us shed old restrictions and move more freely into the organic flows and rhythms of our True Nature.

### ***Roots of the Tree-***



The Winter Solstice called us into community as we gathered for the longest night of the year. In this deepening time of inner reflection, we explored the great rootedness of self. Our journey took us into the core beliefs we held around strength and fluidity from a body, mind and spirit perspective. As we sank deeper yet in the Dreaming Cave of Winter, the inner mandalas of our journey came forward. Reflecting the perfection that awaited its rebirthing, we breathed them into the heart of life itself. We came forward from the Walk feeling renewed, serenely refocused, calmly invigorated.

### ***Awakening-***



Aligned with the coming of Spring, the Awakening Walk was truly one of re-birthing. The invitation was to bring the past “demons” of your winter to release them with Pure Love into the butterflies of Spring – your announced re-birthing. As the balance of day and night was embodied, we were called to embody our own balance of True Self. The mandalas shone forward like holy stained glass windows as we surrendered into the Labyrinth and back out again – fresh, new, awakened!

***What you can expect from a Walking the Inner Labyrinth weekend:***

- Transformational change
- A deepening of the experiential understanding of the organic wisdom of the body and its constant communication with you
- Infusion of color, sound and light through the mandalas of the Walk
- An enriching of your embodiment of the connection with All
- A more profound trust of your own intuition
- Essential tools to assist you every step along the way
- Community, friendship, honesty, sacred space, fun!

Offered in a special weekend immersion format, with the rhythms and flows of nature, this is an organic journey of discovery of Self. Travel through the Inner Labyrinths of self, creating and exploring the mandalas of Life, finding new depths of the brilliance of YOU!



***What past participants have to say about the Inner Labyrinth experience:***

“I cannot say enough to recommend the work of Penny Calcina. I have experienced not only healing and guidance during health crises but profound growth and a deeper understanding of my own life’s journey. Guided by her heart, her generosity, gentleness, kindness and intuition are unparalleled.”

“Penny...thank you for an amazing weekend. I have shifted and am grateful for your guidance, facilitation and leadership.

***More about Penny:***

As a visionary of the new earth, Penny co-creates healing with individuals from the deep celebration that no matter what area of life you are wishing to create change, it all begins inside, within you and your relationship to yourself.

Through a deep partnership with her own breath rhythm and flow, soul-languaged songs, intuitive guided imagery, and a sprinkling of light humor, she guides you to new flows within your own body, opening to the deep potential of the breath of Life, the eternal flow of Love. Through Love, All is possible.

Penny Calcina



[www.earthstarradiance.com](http://www.earthstarradiance.com)